

Exercise, GR
 Mon-Fri, 8:30 am
 Masked with Social Distance

NC TV: 116-3 or 992
 IL: Independent Living
 AL: Assisted Living
 HC: Health Center

1
 12:45—3:00 **Podiatry Clinic for Independent Living**, by appointment

2:00 NC Movie Time—
The Saint with Val Kilmer



2 Groundhog Day!
 9:30 Coffee, **Atrium B-2**
 11:00 **O.W.L.S.** on Zoom & NC TV
 1:00 Shopping N. Fareway

3
VACCINATION DAY #2
 All regular activities cancelled



4
 10:30 The Rat Pack with Frank Sinatra on NC TV
 1:00 Shopping N. Fareway

5
 10:30 Friday Chat Zoom
 3:00 Piano by LaVone Newell, GR

6
 4:00 DM Symphony, NC TV, *Dance Rhythm and Blues*

7

8
 2:00 NC Stitches
 2:00 NC Movie Time—
IQ with Walter Matthau

9
 9:30 Coffee, **Atrium E & F**
 1:00 Shopping N. Fareway
 4:30 ISU Museum program Tilly Woodward, *Compelling Ground* artist, on NC TV

10
 10:00-10:30 BP Clinic, SR
 3:30 Bingo

11
 10:30 Live Flute Concert, Valerie Wedgeworth, on Zoom & NC TV
 1:00 Shopping N. Fareway

12
 10:30 Friday Chat Zoom
 3:00 Piano by LaVone Newell, GR
 4:00 Piano by Lorraine Stumbo, Parkway Music Rm.



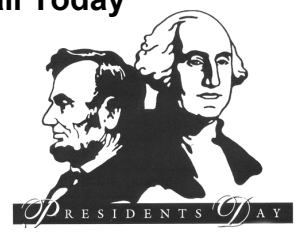
14

2:00 “Animal Odd Couples” NC TV



15 No Mail Today

2:00 NC Movie Time —
The Nutty Professor



16
 9:30 Coffee, **Atrium H**
 1:00 Shopping N. Fareway

17
 10:00-10:30 BP Clinic, SR
 3:30 Bingo or Scattergories

18
 10:30 *Finding Vivian Maier* documentary on NC TV
 1:00 Shopping N. Fareway

19
 8:30—10:30 1st National Bank (tentatively)
 10:30 Friday Chat Zoom
 3:00 Piano by LaVone Newell, GR

20
 4:00 “Harold Prince: The Director’s Life” on NC TV

21

22
 2:00 NC Movie Time—
 Musical *The King & I*



23
 9:30 Coffee, **Atrium K-1 & 2**
 1:00 Shopping N. Fareway

24
 10:00-10:30 BP Clinic, SR
 3:30 Bingo
 7:00 Ames History Museum Zoom presentation on African American History in Iowa

25
 10:30 Artists, Steiglitz & Maier, documentaries on NC TV
 1:00 Shopping N. Fareway

26
 9:30 Residents’ Council Mtg.
 3:00 Piano by LaVone Newell, GR
 4:00 Piano by Lorraine Stumbo, Parkway Music Rm.

27

