



January

Special Events



Wine & Canvas
Tuesday, Jan 9
2:30 PM



Pizza Party & Movie:
Victoria & Abdul
Friday, Jan 12
5:00 PM



Easy Origami
with Mary Gee
Tuesday, Jan 23
2:30 PM



Winter Tea Party
With Pianist Susan Lee
Tuesday, Jan 30
2:00 PM

Northcrest Community

Health Care Center &

Heartwood House News



JANUARY
2018



"Sweet" Thanks!!!



We'd like to extend a special note of gratitude to any and all residents, family members and guests who brought our Northcrest team members treats over this holiday. We happily provide care and attention throughout the year, with or without treats . . . but you kept our bodies well-sugared and full of energy this holiday season and we are thankful! It is a pleasure to serve each of you all year long, but it is especially sweet to spend such a special time of year together. We hope that this Christmas season has been filled with fun family greetings and time to reflect on the blessings of the year. Our wish for your new year is that you remain surrounded by compassionate caregivers who appreciate the opportunity to know and serve you.

Thank You



New Year's Superstitions

- Don't sweep the floor during the first day of the new year. You may sweep out the good fortune.
- If the first animal to cry is that of a rooster, the harvest will be poor.
- The first visitor on New Year's Day brings either good or bad luck to the household. Many people invite a respected person to be their first visitor.
- What happens on the first day of the new year will happen the rest of the year, too.
- Peruvians wear yellow underwear for good luck.
- Neapolitans throw pots and pans and sometimes furniture out their windows into the streets for good luck.
- The Swiss let a drop of cream hit the floor on New Year's Day for luck.



Happy New Year!



So many fun December celebrations!



HAPPY BIRTHDAY



January Birthday Party

Wednesday, January 17
2:30 PM, Mulberry Place



*Everyone is invited to attend our monthly birthday party.
We'll serve birthday cake and ice cream
furnished by Stevens Memorial Chapel,
present carnations from Mary Kay's Flowers,
and enjoy a sing-a-long.*

January Honorees:
Dick Young
Audrey Fawcett
Don Anderson
Marilynn Curry

*Thank you to all who help us make this
special event a success!!!*

Spiritual Opportunities

Sunday Morning Worship

11:00 AM

Mulberry Place

Vespers Services

Thursdays at 3:45 PM, Mulberry Place

- Jan 4 Rev. James DuBois (Presbyterian)
- Jan 11 Rev. Farr (Methodist)
- Jan 18 Rev. Farr (Methodist)
- Jan 25 T.B.A.



Musical Entertainment

Tuesday, Jan 2	2:30 PM	K & L Duo
Wednesday, Jan 10	2:30 PM	Neil Hewitt
Saturday, Jan 27	3:30 PM	Your Hit Parade
Tuesday, Jan 30	2:00 PM	Pianist Susan Lee

Join us for Happy Hour on Fridays, Jan 3 & 26 at 3:30 PM
with Pianist Aaron Ackerman

Northcrest Community
“Uniquely Yours, Uniquely Home”
1801 20th St
Ames, Iowa 50010
www.northcrestcommunity.org

Northcrest Health Care Center News
Jessica Kvach, Activity Director
Maggie Blackford, Activity Assistant
Morgan Ames, Activity Assistant
(515) 232-6760

The *Northcrest Health Care Center News* is created by the Health Care Center Activity Department for the residents and their families. It's purpose is to highlight events and activities important in the lives of Northcrest residents.

Help Northcrest Go Green!

If you would like to receive this newsletter via email, please contact Jessica at jkvach@northcrestcommunity.org



Mystery Photo

Who might our January Northcrester be? Can you guess?
Hint: She's not a resident.



Our December Northcrester . . .

The December Northcrester is an interesting story. The person in the front is who was pictured. She is actually Alice, the mother of Heartwood House resident Mary Acuff (who is standing behind Alice). Thanks to Mary's brother for the correction!

