



# March 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>*Activities are subject to change. Any changes to the activity calendar will be reflected on the Today At Northcrest posters which are located throughout the building.*</i></p>					<p><b>1</b> 10:00 Pet Visits - <i>Katniss</i> 10:30 HWH Shake Loose A Memory 11:30 HWH Corn Hole 12:30 IN2L Word Games 1:30 HWH Front Page News 1:1 Visits &amp; Manicures 3:30 Happy Hour</p>	<p><b>2</b> 1:00 HWH Bean Bag Toss 2:00 HWH Manicures 3:00 Pet Visits: <i>Marmalade</i></p>
<p><b>3 Happy Birthday Mary Jo!</b> 11:00 Sunday Worship 12:30 IN2L Trivia 2:00 Afternoon Movie: <i>Hidden Figures</i> 2:30 Everyday Life Trivia 7:15 <i>Family Night: Ames Historical Society</i> - GR</p>	<p><b>4</b> 10:00 HWH Manicures 1:30 HWH Balloon Toss 3:00 Bingo! 4:00 Movement with Morgan</p>	<p><b>5</b> 10:00 Tuesday Coffee 1:15 HWH Leprechauns &amp; Shamrocks Art Project 2:30 K &amp; L Duo 4:00 Exercise with Hannah 6:00 Rabbit Visits - <i>Lola</i></p>	<p><b>6</b> Care Plans 10:00 Movement with Morgan - HWH 2:30 Art Therapy 4:00 Exercise Senior Style</p>	<p><b>7</b> 10:00 Walking Club 10:15 HWH Rainbow Art Project 11:30 HWH Name That Tune 12:30 IN2L Would You Rather 1:15 HWH Beach Ball Toss 1:1 Visits/Manicures 3:45 Vespers Service with FUMC</p>	<p><b>8</b> 10:00 Pet Visits 1:15 HWH Finish The Phrase 1:1 Visits &amp; Manicures 3:30 Wine &amp; Cheese</p>	<p><b>9 Service Saturday!</b> 1:30 Baking Club with ISU Advocates for Alzheimer's Students 2:30 Tie Blanket Project 4:00 HWH Troopons</p>
<p><b>10 Daylight Savings Time</b> 11:00 Sunday Worship 12:30 IN2L Trivia 2:00 Bethesda Lutheran Church High School Students 3:30 Afternoon Movie: <i>The Private Life of Deer</i> 3:30 HWH Music Therapy</p>	<p><b>11</b> 10:00 HWH Manicures 1:30 HWH Balloon Toss 3:00 Bingo! 4:00 Movement with Morgan</p>	<p><b>12 National Girl Scout Day!</b> 10:00 Tuesday Coffee - <i>We will be serving Girl Scout Cookies!</i> 1:15 HWH Horseshoes 2:30 Irish Fiddle Music 4:00 Exercise with Hannah 4:00 Rabbit Visits - <i>Lola</i> 6:00 <i>Irish Trivia with ISU Alzheimer's Foundation of America Students</i></p>	<p><b>13</b> Care Plans 10:00 Movement with Morgan - HWH 1:30 Pet Visits - <i>Gracie</i> 4:00 Exercise Senior Style</p>	<p><b>14</b> 10:00 Action Alley 10:30 HWH Food Fun: <i>Shamrock Pretzel Pops</i> 11:30 HWH Lawn Darts 12:30 IN2L Would You Rather 1:1 Visits/Manicures 3:45 Vespers with Rev. Farr</p>	<p><b>15</b> 10:00 Pet Visits - <i>Tessa</i> 10:30 HWH Marvel Sensory Beads 11:30 HWH Bocce Ball 12:30 IN2L Word Games 2:00 Lenten Bible Study with Dean Sampson 1:1 Visits &amp; Manicures 3:30 Irish Happy Hour</p>	<p><b>16</b> 10:00 Walking Club with Morgan Elliott 11:30 Balloon Toss with Morgan Elliott - HWH 2:00 Afternoon Movie: <i>High Society</i></p>
<p><b>17 St. Patrick's Day! Happy Birthday Pat Johnson!</b> 11:00 Sunday Worship 12:30 IN2L Trivia 2:00 Afternoon Movie: <i>Walking Ned Devine</i> 3:30 HWH Music Therapy 6:00 Movie Night - GR</p>	<p><b>18</b> 10:00 HWH Manicures 1:30 HWH Balloon Toss 3:00 Bingo! 4:00 Movement with Morgan</p>	<p><b>19</b> 9:00 Movement with Morgan - HWH 10:00 Tuesday Coffee 1:15 HWH Finishing Lines 2:30 Bunco! 4:00 Exercise with Hannah</p>	<p><b>20</b> Care Plans 10:00 Movement with Morgan - HWH 2:30 Birthday Party!</p>	<p><b>21</b> 10:00 Walking Club 10:30 HWH Board Games 12:30 IN2L Trivia 1:1 Visits/Manicures 3:45 Vespers Rev. Farr</p>	<p><b>22</b> 9:30 Morning Movie: <i>Mary Poppins</i> 10:00 Pet Visits 2:00 Lenten Bible Study with Dean Sampson 1:1 Visits &amp; Manicures 3:30 Happy Hour</p>	<p><b>23</b> 2:30 Afternoon Movie: <i>Mary Poppins Returns</i></p>
<p><b>24</b> 11:00 Sunday Worship 12:30 IN2L Trivia 2:00 ISU NRHH Students 3:30 HWH Music Therapy</p>	<p><b>25</b> 10:00 HWH Manicures 1:30 HWH Balloon Toss 3:00 Bingo! 4:00 Movement with Morgan</p>	<p><b>26</b> 9:00 Movement with Morgan - HWH 10:00 Donut Social 1:15 HWH Javelin Throw 2:30 Snack Crate: <i>Brazil</i> 4:00 Exercise with Hannah 4:00 Rabbit Visits - <i>Lola</i> 6:30 Bingo Night with ISU Student Athletes</p>	<p><b>27</b> Care Plans 10:00 Movement with Morgan - HWH 2:30 Fresh Baked Cookies &amp; AHS Pianist Aubree Litster 4:00 Exercise Senior Style <b>7:30 Annual Northcrest Inc. Meeting - GR</b></p>	<p><b>28</b> 10:00 Action Alley 10:30 Men's Coffee 11:30 HWH Bowling 12:30 IN2L Trivia 1:15 Reading Buddies 1:1 Visits/Manicures 3:45 Vespers</p>	<p><b>29</b> 10:00 Pet Visits - <i>Katniss</i> 10:30 HWH Craft Project: <i>Thumbprint Easter Bunny</i> 11:30 HWH Ring Toss 12:30 IN2L Word Games 2:00 Lenten Bible Study with Dean Sampson <i>Shift Change</i> 1:1 Visits &amp; Manicures 3:30 Happy Hour</p>	<p><b>30 Happy Birthday Elsa!</b> 1:30 Baking Club with ISU Advocates for Alzheimer's Students 3:30 Your Hit Parade</p>