



November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Walking Club 10:30 HWH Manicures 12:30 IN2L 1:1 Visits 2:00 HWH Ring Toss 1:1 Visits & Manicures 3:45 Vespers with FUMC Communion Service 7:00 "Golden Girls" Unity Readers Theater - GR	2 10:00 Puppy Visits - <i>Danish Swedish Farm Dogs</i> 11:00 Reading with Johnnie 1:00 HWH Horseshoes 1:1 Visits & Manicures 3:30 Happy Hour	3 11:00 ISU Football vs. Kansas 1:00 HWH Simply Stretch 2:00 Pet Visits - <i>Marmalade</i> 3:30 Baking Club: <i>Muffins for Snack Cart</i>
4 Daylight Savings Time 11:00 Sunday Worship 1:00 Cards, Games & Manicures with ISU Advocates for Alzheimer's Students 2:30 Afternoon Movie: <i>March Of The Penguins</i> 3:30 HWH Music Therapy 7:15 Family Night - GR	5 9:15 HWH Craft Project: <i>Fall Leaf Garland</i> 10:30 HWH Finish the Phrase 11:00 Reading with Johnnie 2:00 HWH Bocce Ball 3:00 Bingo! 4:00 Movement with Morgan 6:00 Pet Visits - <i>Lola</i>	6 Election Day! 9:00 Movement with Morgan - HWH 10:00 Tuesday Coffee with Jessica's Caramel Pecan Rolls 11:30 HWH Balloon Toss 12:30 IN2L 1:1 Visits 2:00 Travelogue: <i>Italy</i> 4:00 Exercise Senior Style	7 Happy Birthday Nada! Care Plans 10:00 Movement with Morgan - HWH 10:30 HWH I Hear Memories 11:00 Reading with Johnnie 11:30 HWH Bean Bag Toss 1:00 HWH Dexterity Therapy 2:30 South Africa Snack Crate! 4:00 Exercise with Amanda	8 10:00 Action Alley 10:30 HWH Manicures 12:30 IN2L 1:1 Visits 1:00 HWH Gratitude Tree 2:00 AHS Student Pianist Aubree Litster 1:1 Visits & Manicures 3:45 Vespers with Rev. Farr	9 10:00 Pet Visits - Scout 11:00 Reading with Johnnie 1:00 HWH Javelin Throw 1:30 ISU Nutrition Students: <i>The Effects of Added Sugar On The Human Body</i> 2:00 Baking Club: <i>Protiem Snack Balls</i> 3:30 Happy Hour	10 10:00 Walking Club 11:30 HWH Balloon Toss 2:00 Afternoon Movie: <i>Sister Act</i> ISU Football vs. Baylor - Time TBA
11 11:00 Sunday Worship 1:00 HWH Bowling 2:30 Fall Ball with The Onion Creek Cloggers 3:30 HWH Music Therapy	12 Veteran's Day (observed) 10:00 Veteran's Day Social - GR 2:00 HWH Ping Pong 3:00 Bingo! 4:00 Movement with Morgan 4:00 Pet Visits - <i>Lola</i>	13 Happy Birthday Gordon! 9:00 Movement with Morgan - HWH 10:00 Veteran's Donut Social 11:30 HWH Balloon Toss 12:30 IN2L 1:1 Visits 1:00 Packing Boxes for Operation Christmas Child 2:30 Arabic Script with Wejdan 4:00 Music In Motion	14 Care Plans 10:00 Movement with Morgan - HWH 10:30 Shake Loose A Memory - HWH 11:00 Reading with Johnnie 11:30 HWH Corn Hole 2:30 Card Making with Cheri 4:00 Exercise with Amanda 4:00 FNB Pie Social - MDR	15 10:00 Walking Club 10:30 HWH Manicures 12:30 IN2L 1:1 Visits 1:15 Reading Buddies 2:00 HWH Lawn Darts 1:1 Visits/Manicures 3:45 Vespers with Rev. Farr	16 10:30 Pet Visits - <i>Katniss</i> 11:00 Reading with Johnnie Afternoon Bus Outing to North Grand Cinema: <i>The Nutcracker</i> 4:30 Happy Hour Cart 6:00 IN2L Game Show Night!	17 1:30 HWH Baking Club: <i>Pilgrim Hat Cookies</i> 1:1 Visits/Manicures 3:30 Your Hit Parade 7:00 ISU Football vs. Texas
18 11:00 Sunday Worship 1:00 HWH Time Slips 2:00 Afternoon Movie: <i>Guys and Dolls</i> 3:30 HWH Pianist Marcy Chaussee 6:00 Movie Night - GR <i>Love Never Ends</i>	19 9:15 HWH Aqua Paint 10:00 HWH Duck Derby 11:00 Reading with Johnnie 2:00 HWH Table Top Bowling 3:00 Bingo! 4:00 Fitness Drumming! 6:00 Ames High School Pianist Aubree Litster	20 9:00 Movement with Morgan - HWH 10:00 Tuesday Coffee 11:30 HWH Beach Ball Toss 1:00 Food Fun: <i>Blessing Mix!</i> 2:00 President's State of Northcrest Address - GR 4:00 Exercise Senior Style	21 10:00 Movement with Morgan - HWH 10:30 1:1 Music Playlists & iPad - HWH 11:00 Reading with Johnnie 11:30 HWH Ring Toss 2:30 Birthday Party! 4:00 Exercise with Amanda	22 Thanksgiving 9:30 HWH Group Reading 10:30 IN2L Thanksgiving Trivia & Fresh Baked Cookies Morning 1:1 Visits/Manicures 2:00 Afternoon Movie: <i>Holiday Inn</i>	23 10:00 HWH Name That Tune 11:00 Reading with Johnnie 11:30 HWH Bean Bag Toss 1:00 HWH Spin Art 1:1 Visits & Manicures 3:30 Wine & Cheese	24 1:00 Puppy Visits 3:30 Baking Club: <i>Cookies for Snack Cart</i> ISU Football vs. K-State - Time TBA
25 Happy Birthday Donna! 11:00 Sunday Worship 1:00 HWH Craft: <i>Christmas Ornaments</i> 2:00 Afternoon Movie: <i>World of Apes Documentary</i> 3:30 HWH Music Therapy	26 9:15 HWH Tree Decorating! 11:00 Reading with Johnnie 2:00 HWH Horseshoes 3:00 Bingo! 4:00 Movement with Morgan 6:00 Pet Visits - <i>Lola</i> Christmas Decorating!	27 9:00 Movement with Morgan - HWH 10:00 Donut Social 11:30 HWH Balloon Toss 12:30 IN2L 1:1 Visits 2:30 Musician David Swenson 4:00 Music In Motion	28 Care Plans 10:00 Movement with Morgan - HWH 10:30 HWH Bridging Memories Trivia 11:00 Reading with Johnnie 11:30 HWH Conductorcize 1:00 HWH Board Games 2:00 Travelogue: <i>Washington D.C.</i> 4:00 Exercise with Amanda	29 10:00 Walking Club 10:00 Men's Coffee 11:00 HWH Manicures 12:30 IN2L 1:1 Visits 1:1 Visits/Manicures 3:45 Vespers with First Christian Church Ames Public Library Delivery	30 10:00 Pet Visits - <i>Tessa</i> 11:00 Reading with Johnnie 1:00 HWH Art Project: <i>Watercoloring Shift Change Catch Phrase</i> 1:1 Visits & Manicures 3:30 Happy Hour Cart	*Activities are subject to change. Any changes to the activity calendar will be reflected on the Today At Northcrest posters which are located throughout the building. *