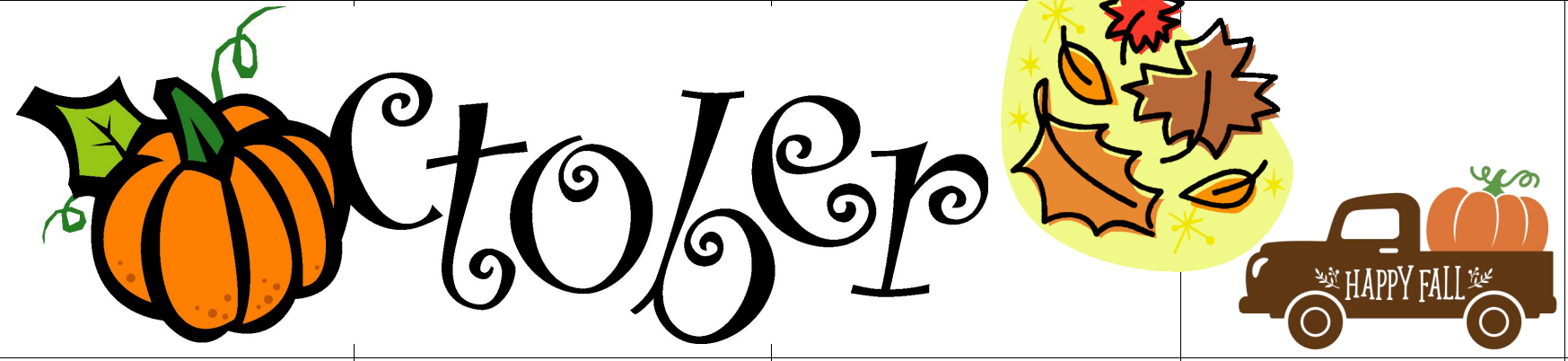


**Exercise, GR**  
 Mon-Fri, 8:30 am  
**Game Night, LIB**  
 Thursdays, 6 pm  
**1st National Bank, FR**  
 Fridays, 8:30—10:30



**1**  
 10:30 Friday Chat: The Art of Wendell Mohr, Grand Rm  
 1:00 WalMart  
**2:30—5 pm Booster Shot by Atriums & Areas, in Providers' Room**

**2**  
 3:15 Bus to Step Show  
 4:45 Bus to Football vs Kansas

**3**  
 2:00 Lake Wobegon Band, City Auditorium, No Bus  
 2:00 NO Hymn Sing  
**7:00 Sunday Series**, Keith Abraham with Parks & Rec, Grand Room

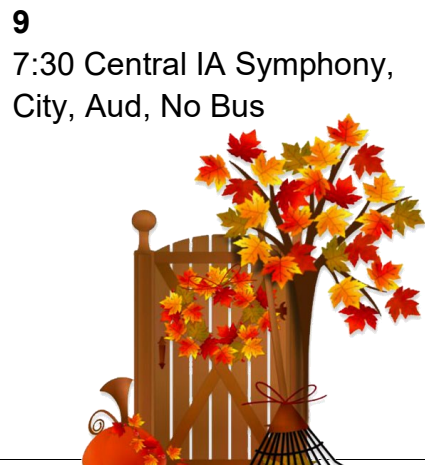
**4**  
**10:30—1:00 Flu Shots**  
 Providers' Rm  
 1:30 Bus to Iowa Arboretum

**5**  
 9:30 Coffee, **Parkway Floor 3**  
 1:00 Fareway  
 1:30 Hearing Aid Maintenance, Providers' Room

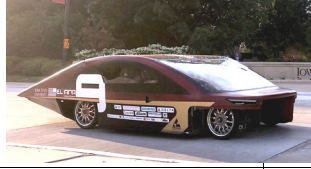
**6**  
 10:00 Book Club, LIB  
 10:00 BP Clinic  
 3:00 ALDI's

**7 Kiwanis Paper Drive**  
 10:00 Writers' Group  
 4:00 LaVone Newell on piano, Green Room

**8**  
 1:00 WalMart  
 6:30 Des Moines Symphony, Beethoven's Fifth, Grand Rm



**10**  
 2:00 Hymn Sing  
 3:00 ISU PrISUm Solar Car and presentation



**11**  
 11:00 Spanish Class speaker, Grand Room  
 2:00 Northcrest Stitichers, Social Room

**12**  
 9:30 Coffee, **Parkway Floor 4**  
 1:00 Fareway

**13 Podiatry Clinic** by appointment  
**9:30 Crafty Cresters** mtg, Social Room  
 10:00 BP Clinic  
 3:00 ALDI's

**14**  
 10:00 Stroll for Well-Being, West-central NC campus

**15**  
 10:30 Friday Chat  
 1:00 WalMart  
 4:00 Sherri Luxton on piano, Grand Room

**16**  
**8:00 Bus to the Alzheimer's Walk, PCMI**

**17**  
 1:30 Bus to Corner's Grove, Fisher Theater\*  
 2:00 Hymn Sing  
 6:30 Bus to *Ballet Hispanico*, Stephens\*

**18**  
 10 & 11:00 Spanish Classes, Founders' Rm  
 6:30 Men's Bridge

**19**  
 9:30 Coffee, **Atrium L-1**  
 1:00 Fareway

**20**  
 10:00 BP Clinic  
 2:00 Low Vision Support Group Phone Call  
 3:00 ALDI's  
 7:00 Bus to Cantamus Women, MET\*

**21 Kiwanis Paper Drive**  
 10:00 Writers' Group  
 4:00 Alzheimer's Group, FR  
 4:00 LaVone Newell, piano, Green Room  
 6:00 Bus to Volleyball vs Texas

**22**  
 1:00 WalMart  
 6:30 Bus to Volleyball vs Texas

**23 ISU Homecoming**  
 Step Show & Football vs Oklahoma St., TBA

**\*Asterisk denotes tentative plans to provide bus transportation for following events**

**24**  
 2:00 Hymn Sing  
 12:30 Bus to Volleyball vs West Virginia  
 2:00 Hymn Sing  
**31** 1:00 Bus to Statesmen\*

**25**  
 10 & 11:00 Spanish Classes  
**12:00 Chamber Ribbon Cutting!!!**  
**"2 Old Chefs" Food Truck** and **Dixie Slicks Band**  
 3:00 Memory Café, Northminster Presbyterian

**26**  
 9:30 Coffee, **Atrium L-2**  
 1:00 Fareway

**27**  
 10:00 BP Clinic  
 1:00 Pumpkin Carving Wkshp, Chapel  
 3:00 ALDI's

**28**  
 10:00 Stroll for Well-Being, Ravine  
 1:30 Bible Study, Founders' Room  
 7:00 Bus to Octubaween, MET\*

**29**  
 9:30 Residents' Council mtg.  
 1:00 WalMart  
 3:00 Pumpkin Contest, Grand Room

**30**  
 12:30 Bus to Volleyball vs West Virginia  
 7:00 Bus to ISU Symphony, MET\*  
 7:30 Bus to *Straight No Chaser*, Stephens\*